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Your Pregnancy Calendar

6-10 Weeks	Receive "Your Pregnancy Week By Week" Initial prenatal lab tests completed Start prenatal vitamins or multivitamin containing folic acid 0.4mg/day Initial OB intake and physical
10-12 Weeks	Genetic counseling if indicated, Ultra-screen offered.
15-20 Weeks	AFP (Alpha-FetoProtein) and Cystic Fibrosis offered to all patients
17-20 Weeks	Routine Ultrasound as indicated
18-22 Weeks	Initial fetal movement begins
22-24 Weeks	Sign up for childbirth classes
26-28 Weeks	Blood tests for anemia and 1 hour diabetic screen Register for delivery at Banner Estrella Medical Center.
<i>Start scheduling routine office visits every <u>2 weeks</u> from 28-36 Weeks</i>	
28-30 Weeks	RhoGam injection if Rh negative Begin daily fetal movement counting Choose a pediatrician
<i>Now you need to be seen <u>weekly</u> at the office until delivery</i>	
36 Weeks	Beta Strep vaginal culture No travel greater than 100 miles from hospital
41 Weeks	Induction as indicated